



Hello from Carrie!

We are in the cold grips of yet another Michigan Winter and your Chapter Volunteers are working on classes and events that will help to brighten up the rest of your year; read about them below.

We've also included some of the volunteer positions we'd love to have filled, to help with the smooth running of the MI Chapter. If you have the skills needed and a few hours each month to tackle various tasks, please join us!

Watch your inbox for the Call for Candidates and Election Ballots. Check your spam folders as well. We invite you to join us during our Virtual Annual Meeting on March 28th and we hope to see you at our Spring Conference this year in Flint, at one of our Virtual Classes, or the May education event in Grand Rapids.

Carrie Buechler
AMTA MI Chapter President

PS - notice the picture at the top? Even the Thinker is dealing with winter!

Join us!

2024 Chapter Board & Delegate Opportunities

If your schedule and skills permit, think about running for one of our elected positions. The following two-year terms (2024-2026) are up for election this year. See the **Know Before You Run** attachment for details on how you can get involved. Submit your application **by February 24th**.

President
Board Member
Secretary
Delegate

2024 Chapter Election Schedule

January 25.....	• Call for Candidates emailed
February 24.....	• Applications due
March 13.....	• Elections open; ballots from Simply Voting
March 23.....	• Elections close at 4 pm
March 28.....	• Virtual Annual Meeting at 7 pm

For an application, email **Krissy Warren**, renewbham@gmail.com at least 2 days prior to application deadline.

Know Before You Run

AMTA CHAPTER ELECTIONS • KNOW BEFORE YOU RUN			
Full position descriptions @ amtamassage.org/chapters/elected-chapter-positions/			
Position	Basic Responsibilities	Time Commitment	Preferred Technology
President	<ul style="list-style-type: none"> Leads team of elected and appointed volunteers Presides over and conducts chapter business and chapter meetings Oversees chapter operations and activities, member communications Receives support from national staff and volunteers Opportunity to network with leaders from other chapters Identify, recruit and cultivate future chapter leaders Voting board position 	<ul style="list-style-type: none"> First month: Allow time to learn position Approximately 5-15 hours per week, depending on chapter and national activities, virtual and in-person Opportunity to attend national meetings including annual convention 	<ul style="list-style-type: none"> Access to Internet & phone Computer: desktop, laptop or tablet Access to Programs: Microsoft Suite or Mac conversion, Excel, Word, PowerPoint Ability to upload/download/send and receive documents
Financial Administrator	<ul style="list-style-type: none"> Coordinate and prepare annual budget Track and approve volunteer requests for reimbursement Provide financial updates at chapter board meetings Identify, recruit and cultivate future chapter leaders Voting board position 	<ul style="list-style-type: none"> First month: Allow time to learn position Approximately 3 hours per week, depending upon chapter and national activities 	<ul style="list-style-type: none"> Access to Internet & phone Computer: desktop, laptop, or tablet Microsoft Suite (or Mac conversion), Excel, Word, PowerPoint Ability to upload/download/send and receive documents
Board Member	<ul style="list-style-type: none"> Collaborate with elected and appointed volunteers to coordinate and conduct chapter business, meetings and activities Identify, recruit and cultivate future chapter leaders Voting board position 	<ul style="list-style-type: none"> First month: Allow extra time to learn position Approximately 5 to 8 hours per week, depending upon chapter and national activities 	<ul style="list-style-type: none"> Access to Internet & phone Computer: desktop, laptop, or tablet Microsoft Suite (or Mac conversion) Excel, Word, PowerPoint Ability to upload/download/send and receive documents
Secretary	<ul style="list-style-type: none"> Take and maintain board meeting minutes Submit minutes and volunteer rosters to National Office Distribute minutes to chapter board and appropriate chapter volunteers Identify, recruit and cultivate future chapter leaders Voting board position 	<ul style="list-style-type: none"> First month: Allow extra time to learn position Approximately 2-4 hours a week depending upon chapter and national activities 	<ul style="list-style-type: none"> Access to Internet & phone Computer: Desktop, laptop, or tablet Microsoft Suite (or Mac conversion), Excel, Word, PowerPoint Ability to upload/download/send and receive documents
Delegate	<ul style="list-style-type: none"> Participate in delegate trainings, forums, discussion/debate, and annual Assembly of Delegates (AOD) Collect input from chapter membership to identify important issues/topics for message therapists and the message profession Serve as the voice of the chapter membership during annual Assembly of Delegates meeting Provide updates to chapter board and membership re: AOD activities 	<ul style="list-style-type: none"> Approximately 2-4 hours per month depending upon Assembly of Delegates (AOD) activities 	<ul style="list-style-type: none"> Access to Internet & phone Computer: Desktop, laptop, or tablet Microsoft Suite (or Mac conversion), Excel, Word, PowerPoint Ability to upload/download/send and receive documents

Give back to the chapter!

Volunteer – become an integral component to the Michigan Chapter!

Your vast knowledge and valuable skills play a crucial role in advancing the chapter's goals.

Help your fellow LMTs both within the chapter as well as nationally by providing information and education.

Help your fellow LMTs both within the chapter as well as nationally by providing information and education, as well as addressing any inquiries or concerns.

More Volunteer Opportunities

Short-term activities

• We've got plenty of projects that may match your skills. 1-3 hours a month.

Event Planner

• If you've ever worked with event planning or organizing, we can sure use you. Some remote work, a few hours at events.

Scheduler

• Looking for that person who LOVES to organize and keep things flowing.

Allow this experience to advance your communication skills as you begin interacting with members throughout the AMTA.

SCAM Alert!

Beware of scams and spam! We often ask members to give back to the chapter by donating time and helping with some of our activities. Please watch out for any requests for money, gift cards, etc. that are supposedly sent by chapter and national board members. **THEY ARE FAKE.** You already pay your dues; we will never ask you for money in any form

Recently, one of our board members received a request to send \$100 in gift cards to another board member who was out of town and urgently needed it for an event. Funny story - the email was sent **to her** and signed **by her** from a fake account!! If you get such an email or text saying it's from us, please send

Upcoming Education

All links are active - register now!

Beyond Business Plans and Vision Boards

This VIRTUAL class is aimed at helping you achieve the success you want – perfect for students AND experienced LMTs.

Sunday, March 10, 2024 1 to 3 pm

<https://cvent.me/1ZZV92?locale=en>

Virtual Annual Meeting

Thursday, March 28, 2024 7 to 8 pm

No fees

Registration deadline: Sunday, March 24, 2024

<https://cvent.me/Q11Okx?locale=en>

2024 Spring Education Event

April 13-14, 2024

Gateway Center in Flint

Choose from the following:

- Massage Cupping (2 days)
- Saturday lecture series
- Student Day (Saturday morning)

<https://cvent.me/d8Al4D?locale=en>

[*Dolly Wallace Scholarship Information](#) (See link below)

Conscious Ethics: An Outcome-Based Approach

Thursday, April 18, 2024 7 to 9 pm

VIRTUAL class.

<https://cvent.me/m9OBqX?locale=en>

Beyond The Table: Ethics, Pain Relief, Implicit Bias

Saturday, May 4, 2024 9 am to 4:30 pm

Grand Rapids

<https://cvent.me/mQBBgB?locale=en>

Dolly Wallace Scholarship Information 2024

2024 AMTA National Convention

Mark your calendars! This year's annual AMTA convention will be held September 12-14 in Tampa, Florida. This is a wonderful opportunity to connect with other LMTs across the country as well as learn some new techniques and information. Stay updated on our calendar for virtual calls which will assist you in your trip planning. Ensure that you are well informed before embarking on this incredible experience!

Social Media

The quickest way for us to share information is via social media. To stay up to date, connect with us on Facebook and Instagram. Your support matters! If you enjoy the

content, instead of just copying the memes, kindly consider [sharing posts](#) which helps spread our messages to a broader audience. Our community continues to grow thanks to the support and shares from members like you.



Member Spotlight - Giving Back

Like many massage therapy practices, CW Therapy PLLC in Ann Arbor offers their clients an opportunity to purchase discounted massage packages. Partners and AMTA Members, **Christopher Yee LMT** and **Wendy Woerner LMT**, noticed many of those packages had unused massages. While those massages were still available for clients to use when they were ready, they started generating ideas on how to reduce that number.

[Read More Here](#)



On behalf of the entire AMTA Michigan Chapter Board, our Delegates and Committee Chairs, thank you for supporting your chapter!

Have questions?

Email us anytime at michiganamta@gmail.com or leave us a voicemail at (989) 921-6990. Although we do our best to reply as quickly as possible, please allow up to 3 business days for a response.

AMTA Michigan Chapter | [Website](#)



AMTA Michigan Chapter | 500 Davis Street, Suite 900, Evanston, IL 60201

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