



AMTA Michigan Chapter

Get the latest on upcoming classes and meetings, reports from chapter volunteers.

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How Can We Help?

What's the most common question we're asked? It's about licensure and CEs. Whether in person, on the phone or in an email, that's the #1 concern for those of you who've contacted us. And as long as you're asking, we'll continue to provide the answers. (See below*)

I've been traveling around the state, renewing old friendships and making new ones. We're a membership organization, and our volunteers will continue to make themselves available to all our members. Special thanks to [Sam Sharp RN, LMT](#), Petoskey and [Holistic Care Approach](#), Grand Rapids for hosting fall events. And a shout out to Carrie Mayo Buechler (Membership Chair) and Cindy Dort (Education Chair) for holding meetups as well.

Where am I going next? It's up to you – email if you want a visit in 2019! In addition, plan on joining us in Midland in May for our Spring Conference and Annual Meeting, in Indianapolis in October for National Convention or at any of the other events we're holding.

Want to be more involved? Elections this year include Board Member, Financial Administrator, and Delegate. We're a friendly group focused on serving our members, so think about joining us. We can sure use your help.

Remember to check us out on [Facebook](#) and on our [website](#) for the most current information.

Contact me at [Chapter President](#) anytime!

Kathy Paholsky, LMT, BCTMB

* License Info: If you renewed your Michigan Massage License this year, you have 3 years to accrue 18 CEs. The rest of you? Watch for more updates as your renewal approaches. The only CEs you need are for your AMTA membership!

2019 Spring Education Conference & Annual Meeting

Our **Spring 2019 Education Conference & Annual Meeting** has been scheduled!
May 18 & 19, 2019 at the Holiday Inn in Midland, Michigan.

Saturday May 18: [Julie Goodwin, BA, LMT](#)

- Treatment Planning for Clients with Diabetes 2 CE
- Treatment Planning for Clients with Fibromyalgia 2 CE
- Massage of the Abdomen 4 CE

Sunday, May 19:

- Ethics & Pain Science

Watch for details on our website. Registration begins in January, 2019.

Cindy Dort, LMT, BCTMB
Education Chair

Upcoming Events

2018

December 5 Meetup in Westland

2019

January Newsletter emailed (unless you request a hard copy)

February 6 Meetup

March Applications accepted for chapter board and delegates/Ballots emailed

May 18 Annual Meeting (Midland)

May 18-19 Spring Conference (Midland)

June 5 Meetup

August Social Event

September Fall Education Event (TBD)

October 2 Meetup

October 24-26 AMTA National Convention Indianapolis, IN

Government Relations Report

Business Licenses vs Occupational Licenses

Draft Administrative Rules Update

AMTA continues to advocate on behalf of licensed massage therapists in Michigan. One of the biggest issues facing our members across the state is navigating the vast bureaucracy that governs who can practice massage therapy, where they can practice, and what is required to continue to practice. We have received several questions about the licensing process both at the state level and from individuals working with municipalities.

[Read the full report here.](#)

[Jessica Carter, LMT](#)

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Member Spotlight

by Rob Kelly, LMT

To get to know each other better, every quarter we are going to highlight an AMTA Michigan member on both Facebook and in a member spotlight page on our website <https://amtami.org>. The member will be picked completely at random and may decline if they so choose. The member highlighted will need to provide a picture and answer a few questions.

Questions asked may include:

- How long have you been a massage therapist?
- What types of massage do you do?
- What are your favorite techniques?
- What was your favorite continuing education class?
- What is your best advice to other massage therapists?

Community Service Massage Team (CSMT)

The mission of the CSMT is "To respond to the needs of the communities within Michigan with the power of compassionate, professional touch in order to promote the health and welfare of humanity".

Interested in getting involved? [Read this article](#) by Julie Finn, LMT, BCTMB

2018 Convention Update

Membership Networking in Action

by Carrie Mayo Buechler, LMT

Here's a look at some of the AMTA Michigan Members who joined us at Convention in DC.

Want to be in the picture next year? Join us in Indianapolis!



During the 2018 National Convention, I asked various Chapters if any of their members would be interested in going on a private Night Tour of the National Monuments. I was able to get 28 other people from 8 different states to join me. Our tour was done by Legend Tours Washington DC and guided by Dr. Yohannes Zeleke.

We were picked up at our hotel and first driven down Embassy Row on Massachusetts Ave, from there to the National Cathedral and Georgetown. We went out to the Iwo Jima (Marine Memorial) Monument, near Arlington Cemetery. Then on to the Air Force Memorial, which just happened to have an All Sergeants Choir Concert going on. From there we drove by the Pentagon and back towards the National Mall. We saw the Jefferson, the Lincoln, the WWII, and the MLK Jr. Monuments. Our last stop of the night was to walk down Pennsylvania Ave in front of the White House.

Before we were dropped back off to our hotel, we had all made new friends from HI, OH, KY, LA, MT, PA, WI, and shared great memories together.

Opening Session by Lyn Austin, LMT

The opening session for the 2019 convention in Washington D.C. featured Bert Jacobs as the keynote speaker. Along with his brother they created the "Life is Good" empire. It's a rag to riches story and Bert tells quite a story! They started selling T-shirts on the streets of Boston and since then it has evolved into a multi-million dollar corporation. They are very philanthropic and donate 10% to children's charities. He is very passionate about this.

Bert is the co-founder and "Chief Executive Optimist" of Life is Good. His speech was inspirational! The message of "Optimism can take you Anywhere" really spoke to me. His energy was infectious! There was a lot of laughter as well as many reflective moments. It is always a powerful feeling being in the same room as a few thousand AMTA therapists.

Next year could be the year that YOU come to convention! It will be in Indianapolis! Plan for it!

Assembly of Delegates (AOD)

by Corey Rivera, LMT

This year the AMTA began a new project called the Assembly of Delegates (AOD). Formerly termed the House of Delegates, the AOD's purpose is to facilitate communication between the AMTA membership and AMTA National on important topics. At the national convention in

August, it was the AOD's task to determine if two proposed topics should be funded for further research, and to have a general discussion of one additional topic.

[More on the Assembly of Delegates](#)

Closing Session

This year's Closing Session for the 75th AMTA Convention has undoubtedly provided thought provoking ideas for future education events. Entitled "Military Veterans and Massage Therapy", it featured renowned speakers including Dr. Niki Munk, Nicole Miller, Dr. Chester "Trip" Buckenmaier and Sergeant Noah Galloway. Clearly AMTA cares about our military veterans and demonstrated its commitment to massage therapists seeking the opportunity to serve within the VA community.

[Read more by E. LoResa Robertson, LMT](#)

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