



**In This Newsletter**

President's Letter.....1

Annual Meeting & Educational Event .....2

Student Day.....3

Chapter Elections...4 – 5

Real People!.....6

Events.....6

Legislative Update.....7

Chapter Fee.....8

Learning Corner.....9-10

Member Spotlight.....11

Member in the News...12

Candidate Application.,13

Registration Form .....14  
Annual Meeting & Educational Event

**Contact Info**

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(989) 921-6990



**Michigan Hands**  
**Winter 2015 Newsletter February, 2015**  
 Volume 8 – Issue 1

**Letter From the President**

*By Julie Finn, LMT, NCTMB*

Happy New Year!

I'd like to take the opportunity to promote the upcoming Annual Education and Membership event being held April 10<sup>th</sup> thru 12<sup>th</sup> at The Henry in Dearborn, Michigan. A block of rooms have been reserved with a special rate (please refer to the link on our website and in this newsletter for details). The presenters for the weekend are Xerlan and Christopher Deery. In addition, on Saturday we will be holding our Membership Meeting. We will be electing 1<sup>st</sup> & 3<sup>rd</sup> Vice Presidents, Treasurer and 2 Delegates. It's a great opportunity to learn, to network and socialize with your peers, and get updates on what the Michigan Chapter is involved in.

Volunteerism is the heart of our organization. Without a willingness to serve your organization it would be difficult to provide members with all the things that benefit them, such as professional growth and education. In addition, we provide community outreach and also offer each member an opportunity to give back to their profession. *Have you considered serving the Michigan Chapter of the AMTA?* It doesn't have to be a long term commitment. We have various committees, workgroups and community outreach opportunities, with different time commitments and skills needed .

Our membership in the Michigan Chapter has grown to 1,362 members. To keep everyone updated, we will be communicating on Facebook, via electronic and paper newsletters, email, periodic mailings and the website. In order to ensure you are receiving timely chapter communications, please update your contact information with AMTA National. You can do this by calling them at (877) 905-0577, by signing in to your account at [www.amtamassage.org](http://www.amtamassage.org) or by emailing [info@amtamassage.org](mailto:info@amtamassage.org)

## Annual Meeting & Educational Event

We have received quite a bit of valuable feedback from our members in the past few years. This April's Annual Educational Event addresses many of your requests. The 16 class hour weekend felt exhausting to many of you so our two day lecture/hands on class is 12 hours total. It is in regards to pre- and post-surgical care: pain management. You have asked for a class on subtle work vs. NMT and the like. We have a 6 hour class in that. You want to know a bit more on how to work in the changing world where we have to prove ourselves to other health care providers (research driven). We have a class in measurable outcomes that is 4 hours. We also have a brief ethics class that every one of us needs to stay sharp in. Remember one ethics class is not sufficient, and they address various areas where ethics come up. That will be a 2 hour Friday evening class. We have tried to put together classes that will please everyone, even if only part of the weekend.

The schedule is as follows and you can either register online on our website [www.amtamichigan.org](http://www.amtamichigan.org) through the *Eventbrite link* or by mail to the chapter address. A registration form is included in this newsletter. **Register Early** for a chance to win a special prize worth \$400!

More information is also available on the website regarding the classes and presenters. We have lowered the prices in hopes of getting a higher number of attendees. Let's all make this upcoming event a huge success!

Please give a quick call to the chapter phone if you plan to attend just the Annual Meeting. We need a head count for food. (Everyone in the Saturday class will already be counted in.) We will also have an hors d'oeuvres networking get together. Sunday classes include a "box" luncheon.

### **SCHEDULE OF EVENTS**

<b>Ethical Awareness 2CEs</b>		\$29
Friday, April 10	7 to 9 pm	
<b>Pre and Post-Surgical Massage: Pain Management 12 CEs</b>		\$219
Saturday, April 11	9 am to 5 pm	(annual meeting 12-2; lunch included)
Sunday, April 12	9 am to 4 pm	(box lunch included)
<b>Measurements and Measurable Outcomes 4 CEs</b>		\$69
Saturday, April 11	2 to 6 pm	
<b>Subtle Bodywork Techniques for Pain Management 6 CEs</b>		\$109
Sunday, April 12	9 am to 4 pm	(box lunch included)
<b>Annual Meeting &amp; Elections</b>		
Saturday, April 11	12 to 2 pm	(lunch included)
<b>Networking &amp; Hors D'oeuvres</b>		
Saturday, April 11	6 to 8 pm	Complementary

**Hotel Information** The Henry Hotel  
300 Town Center Drive, Dearborn, MI 48126 (313) 441-2000 [www.behenry.com](http://www.behenry.com)  
Mention AMTA Michigan for single/double discounted rate of \$125 +tax.

In our next newsletter we will have more news about our autumn event in the Traverse City/Gaylord area. It will be a one day class so you can take another day to view the colors!

I look forward to seeing many of you in April at [The Henry](http://The Henry) in Dearborn, MI for our spectacular Annual Event! Any questions? email us: [michiganamta@gmail.com](mailto:michiganamta@gmail.com) or call: (989) 921-6990.

*Terry Hirth Caldwell*, Immediate Past President, Education Chair

## **Student Day – Join Us!**

Our annual offering for current massage students is bigger and better than ever. The list of presenters continues to grow, and includes:

- Jeff Smoot, AMTA National President (incoming)
- Karen Armstrong, Oncology Massage
- Beth Miazga, Hospital Based Massage
- Christine Reay, Sports Massage

Each will speak about their particular fields of massage work or their organizations and how students can be involved. There will be plenty of time for questions and answers, so come prepared to learn.

In addition, you'll have a chance to meet the Chapter Board and many of our members at the Annual Meeting. An excellent chance to learn how your chapter serves you and how you can be involved. Lunch is included.

If you are a massage therapy student, please register online at [www.amtamichigan.org](http://www.amtamichigan.org) under the **Events Tab** or complete the Registration Form on **page 14**. Any questions, please contact us at (989) 921-6990 or [michiganamta@gmail.com](mailto:michiganamta@gmail.com)

### **Saturday, April 11, 2015**

Student Sessions	8:30 am to 2:00 pm	\$10
Networking & Hors D'oeuvres	6 to 8 pm	Complementary

The Henry Hotel  
300 Town Center Drive  
Dearborn, MI 48126  
1 (313) 441-2000  
[www.behenry.com](http://www.behenry.com)

### **Real Live People!**

If reading a newsletter doesn't help you feel connected to the other members, mark your calendar for Saturday, April 11<sup>th</sup>. The AMTA Michigan Board, Committees and Delegates is composed of members *just like you*. Even if you're not running for office, you owe it to yourself to come and meet them and your peers. See Page 2 for more details.

## **Chapter Elections – what you need to know**

This year there are 3 Board positions and 2 Delegate positions open for election. Read about them here, then complete your application on **Page 13**.

### **Positions up for election**

1<sup>st</sup> VP (2 year term)

Treasurer (2 year term)

3<sup>rd</sup> VP (2 year term),

Delegates (2 year term – Two positions available)

### **Position Title: Chapter Vice President (1<sup>st</sup> & 3<sup>rd</sup>) – two year term**

#### **Purpose**

The Chapter Vice Presidents will assist the Chapter President in achieving Chapter goals and effecting policies and/or decisions made by the Chapter Board of Directors. The Vice Presidents are assigned to oversee committees and workgroups.

#### **Eligibility**

In addition to being a Professional member in good standing and signing the Chapter Volunteer Code of Conduct, she/he must meet one or more of the following requirements:

- Completed one term year as a Chapter Board member within the last three years.
- Completed one term year as a Chapter committee chair or member, within the last two years.
- Completed one term year as a National Standing Committee Chair or National Board member within the last two years

#### **Accountability**

The Chapter Vice President is accountable to the Membership by virtue of election and the Chapter Board, the Membership, and the AMTA National Board through reporting activities. The Chapter Vice President agrees to uphold and abide by National AMTA Bylaws, Policy, Position Description, Chapter Volunteer Code of Conduct, Chapter Standing Rules (if existent), and Financial Policies & Procedures.

#### **Time Commitment**

The time commitment averages approximately 5 - 8 hours per week, depending on Chapter activities. The time commitment may be higher before and/or during certain Chapter events or actions.

**Position Title: Chapter Treasurer – two year term**

**Job Description**

Chapter Treasurer ensures the integrity of the fiscal affairs of the Chapter.

Eligibility In addition to being a Professional member in good standing, and signing the Chapter Volunteer Code of Conduct, she/he must meet one or more of the following requirements:

- Completed one term year as a Chapter Board member within the last three years.
- Completed one term year as a Chapter committee chair or member, within the last two years.
- Completed one term year as National Standing Committee Chair or National Board member within the last two years.
- Has experience in bookkeeping, accounting or finance (but not necessary)

**Relationships**

The Chapter Treasurer works most closely with Chapter Board members and appointees, and National AMTA staff. The Chapter Treasurer also communicates with Chapter members, the Chapter Relations Committee; Chapter Relation's and Finance staff, and/or other National volunteers, as appropriate.

**Responsibilities**

1. Serves as a voting member of the Chapter Board of Directors.
2. Has basic knowledge of QuickBooks or similar accounting program.

For a list of Authority and Additional Responsibilities for this office, see [www.amtamichigan.org](http://www.amtamichigan.org) under the **Chapter News tab**.

**Time Commitment**

The time commitment is approximately 5 hours per week. Time commitment may be considerably greater for short durations during preparation of budget, annual reports. etc.

**Position Title: Delegate- two year term**

**Purpose**

- The Delegate will represent AMTA-MI Chapter members by who they were elected and be accountable and responsible to the Chapter on matters before the House of Delegates.
- The Delegate will initiate discussion on pertinent issues that will be presented at the National AMTA House of Delegates with Chapter members.
- The Delegate will report the actions of the AMTA National House of Delegates to the Chapter members
- The Delegate has the authority to discuss, make recommendations and vote on behalf of the Chapter members

**Eligibility**

In addition to being a Professional member in good standing, and signing the Chapter Volunteer Code of Conduct, she/he must meet the following requirements:

- Participate in Delegate training via phone and video PRIOR to elections

**Time commitment:**

Approximately 3-5 hours per week.

## **Events Update**

### **Networking & Mentoring Event**

A Networking and Mentoring Event was held Sunday, October 26, 2014 in Livonia.

Laura Machida welcomed the guests and introduced the following speakers:

- Chris Reay and Irene Savoyet from Creative Wellness Center
- Prema Smith - Ann Arbor School of Massage Therapy
- Renee Rutz - Holistic Health Center
- Christa Hudson - Massage Green Spa Franchise

Each speaker gave information on how they got started and where they are today. They shared their victories and lessons learned from mistakes. Very enlightening!

Next, there was a Speed Networking activity. The speakers joined the participants, and each had 5 minutes to share what they either wanted from a mentor or what they had to offer as a mentor.

To read about the wonderful nuggets of information shared during this event, check out the link on our website [www.amtamichigan.org](http://www.amtamichigan.org) under the **Chapter News tab**.

National has a Mentoring Program that is well organized. We can use these guidelines. We can also connect with someone today to begin a mentor/mentee relationship. For more information on Mentoring, look in the **Benefits Section – Networking** at [www.amtamassage.org](http://www.amtamassage.org)

Folks shared business cards and made contacts! Great help!  
We ended the workshop on time and all feeling great, inspired and renewed!

*Notes by Laura Machida, Secretary Michigan Chapter AMTA*

### **2015 Planning**

April 10-12	Annual Meeting & Educational Event (see page 2)
August 19-22	National Convention, Pittsburg, PA
Fall 2015 (dates to follow)	Education Event Traverse City/Gaylord, MI

### **2016 Planning**

April 15-17	Annual Meeting & Educational Event
October 26-29	National Convention, Milwaukee, WI

**Note:** Educational and Outreach Events are posted to the website and listed on Facebook as the information is received. Check back often to make sure you're up-do-date and can plan your participation accordingly. "Like" the Michigan AMTA Facebook to stay informed on current happenings in the state.

## Legislative Update

The New Year has officially arrived and the 2015-2016 legislative session has begun. The 110 members of the Michigan House of Representatives and 38 Members of the Michigan Senate were sworn into office on January 14th and given their committee assignments for the next 2 years. One week later, Governor Rick Snyder delivered his "State of the State Address" where he laid out his priorities for the current year. Among those priorities was a renewed focus on consolidating and increasing the efficiency of state service delivery, updating the state's energy policies, and focusing on talent retention and economic development.

AMTA has a number of issues that we are focusing on for the 2015-2016 legislative session as well. The first item on the agenda is an AMTA Advocacy Day in Lansing tentatively scheduled for April 7th, 2015. The day will include meetings with local legislators and a luncheon in the state capital to help educate lawmakers on issues facing massage therapists. The second item on the agenda includes making small legislative changes to the Massage Licensure Law that will close loopholes to ensure that only qualified massage therapist are licensed in the state. This legislation will also help to solve a problem for those massage therapists who no longer are in possession of their high school diploma, which is currently needed in the licensure process.

Massage therapist licensure brings legitimacy to the profession, and protects both practitioners and consumers. We hope to identify a legislative champion and bill sponsor in the next few weeks and to have legislation introduced that will help to further the massage therapy profession.

Another on-going issue effecting all healthcare professionals in Michigan is scope of practice. The legislature is about to begin conversations about how multiple healthcare professions can work together to provide quality healthcare services for Michigan citizens. These scope of practice conversations will ultimately help decide which professions can bill health insurance providers for which services and is critically important to the massage therapy profession. It will take the hard work and support from everyone in the profession to help educate the legislature on the importance of all of these issues.

*from Dusty Fancher, Midwest Strategy Group*



### Feeling Lucky?

The first 35 registrants for the Annual Meeting & Educational Event **Register Early** for a chance to win a special prize worth \$400!

*For details, see Page 2.*



**Myofascial Release**

Develop an exciting and lucrative career in helping others by deepening your therapeutic effectiveness. This introductory "hands-on" seminar will introduce the theory of Myofascial Release. Participants will learn Myofascial Mobilization techniques focusing on the upper and lower extremities, cervical, thoracic, and lumbar areas.

**John F. Barnes, PT, LMT**

**Myofascial Mobilization**  
**Grand Rapids, MI**  
**May 30 & 31, 2015**

Register Today **1-800-FASCIAL**  
**www.MyofascialRelease.com**

### Optional Chapter Fee

In 2014, the AMTA National Board of Directors voted to make the chapter fee an optional contribution. We are a member driven 501c6 Nonprofit Professional Organization. The Michigan Chapter Board of Directors would like to let the members know how we use the chapter fee.

The money that members contribute to the chapter goes toward some of these areas:

1. Government Relation and Legislation. Currently AMTA Michigan Chapter pays for a lobbyist to assist with licensure legislation.
2. Continuing Education; through your contribution we can provide members the opportunity for professional growth close to home.
3. Student Day and Member Recruitment
4. Community Outreach
5. Industry Relations

These are just a few of the programs that your chapter fee goes towards. When renewing your membership, please consider making a monetary contribution to your chapter.



## **Learning Corner**

### **CranioSacral Therapy Explanation and Developer History**

#### **What is CranioSacral Therapy?**

CranioSacral Therapy (CST) is a gentle, hands-on method of evaluating and enhancing the functioning of a physiological body system called the craniosacral system, which is comprised of the membranes and cerebrospinal fluid that surround and protect the brain and spinal cord.

CranioSacral Therapy practitioners use soft palpation to release restrictions in the craniosacral system, producing profound effects on central nervous system performance, overall body pain, and mobility. CST complements the body's natural healing processes and patients report improvement for a wide range of medical problems including headaches, neck and back pain, Temporomandibular Joint Syndrome (TMJ), central nervous system disorders, motor-coordination impairments, orthopedic problems, neurovascular or immune disorders, fibromyalgia and other connective-tissue disorders, learning challenges such as ADD and ADHD, emotional difficulties, as well as other ailments.

Because of its light touch (about the weight of a nickel) and noninvasive technique – CST can be safely used on patients of all ages, from newborns to senior citizens – and on those with varying degrees of pain.

Patients find the technique extremely relaxing. It is very effective for reducing stress and is increasingly being used as a preventive health measure to bolster resistance to disease.

#### **Development of CranioSacral Therapy**

CranioSacral Therapy was pioneered and developed by osteopathic physician John E. Upledger (1932-2012) following extensive scientific studies from 1975 to 1983 at Michigan State University, where he served as a clinical researcher and Professor of Biomechanics. His success with alleviating pain and dysfunction through the use of CranioSacral Therapy fueled his dream to help vast numbers of people. In 1985, he founded The Upledger Institute (UI) to continue advancing and spreading the word of this effective, light-touch modality to healthcare providers worldwide.

Now, almost 30 years later, UI has become a highly respected provider of continuing healthcare education around the globe. More than 100,000 practitioners of varying disciplines (massage, physical, occupational therapists, chiropractors, medical doctors and osteopathic physicians, doctors of acupuncture, psychologists, psychiatrists, social workers, dentists, and others) have received their Upledger CranioSacral Therapy training at workshops held in cities and towns – in their native language – in over 100 countries.

From early on in his career, Dr. Upledger's style of healthcare practice could be termed "inclusive." From his days at Michigan State where he led the team of anatomists, physiologists, biophysicists and bioengineers who performed and published the clinical research that formed the basis for CranioSacral Therapy, to teaching his work to the multiple disciplines of healthcare providers, he worked tirelessly to fulfill his desire to "get the work out there to help those who need it."

To further his cause, Dr. Upledger used the prominence and infrastructure of The Upledger Institute to introduce and support other leading-edge alternative and complementary healthcare modalities and promote the general acceptance of hands-on work. With his leadership, The International Alliance of Healthcare

Educators (IAHE) was formed as well as the International Association of Healthcare Practitioners (IAHP). Today, IAHP has more than 125,000 members.

The development of CranioSacral Therapy and the work of The Upledger Institute led to Dr. Upledger serving on the Alternative Medicine Program Advisory Council for the Office of Alternative Medicine at the National Institutes of Health in Washington, D.C., and his recognition in TIME magazine as one of America's "Next Wave of Innovators" for his proven clinical applications of this therapy.

As The Upledger Institute's reputation has garnered attention worldwide and the benefits of CranioSacral Therapy have become widely accepted, The Upledger Clinic has attracted patients from celebrities to professional athletes to high profile cases such as the conjoined Egyptian twins.

Anyone can learn the light-touch techniques of CranioSacral Therapy but to perform techniques on others, you need to be a licensed therapist (massage, physical, or occupational) or a physician (medical, osteopathic or doctor of acupuncture).

The Upledger Institute offers four, four-day core workshops that lead to Techniques Certification including CranioSacral Therapy 1, CranioSacral Therapy 2, SomatoEmotional Release 1, and SomatoEmotional Release 2. These are followed by two CranioSacral Advanced Classes and Diplomate Certification. For more information on The Upledger Institute International and their CranioSacral Therapy classes, visit [upledger.com](http://upledger.com) or call (800) 233-5880.



The advertisement features a stylized background with a teal and purple wave pattern. At the top right is a circular logo with a caduceus. The main title "Upledger CranioSacral Therapy" is in a mix of bold sans-serif and elegant script fonts. Below this, "Upcoming Classes:" is followed by two columns of class information. A green call-to-action box on the left highlights "START TRAINING \$100 PER MONTH". A light blue box on the right promotes the "Core-Pak Training and Certification Package" with a 30% savings guarantee. At the bottom, contact information and the Upledger Institute International logo are provided.

**Upledger**  
*CranioSacral Therapy*

**Upcoming Classes:**

<b>CranioSacral Therapy 1 (CS1)</b>	<b>CranioSacral Therapy 2 (CS2)</b>
Detroit, MI    Mar 5-8, 2015	Detroit, MI    Mar 5-8, 2015
Lansing, MI    Oct 8-11, 2015	Additional dates and locations at <a href="http://Upledger.com">Upledger.com</a>

**START TRAINING**  
**\$100 PER MONTH**

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*International*

## **MEMBER SPOTLIGHT**

### **Getting to Know Ron Nomura**

Where do you work  
Healing Solutions Massage  
South Lyon, MI

What type of modalities and specialty techniques do you use....Deep Tissue, Trigger Point, Myofascial Release, Tractioning/Stretching, Skin Rolling, Chair Massage, Sports Massage, Pediatric Massage, Pre-natal Massage, Swedish Massage, Medical/Therapeutic Massage

Who else is in the workplace with you...Just me

Who are your clients...I would say they are people who need help with a specific issue, such as stress relief, pain, relaxation.

How long have you been an AMTA member...3 yrs.

What are the best benefits of AMTA membership for you....Having access to information that is pertinent to being a massage therapist.

Have you ever been to a state or National Convention?...No

What is the key to your success...Being fair, kind & passionate.

What are you most passionate about...Being able to help my clients with their needs whether it's just a relaxation massage or they have a specific issue that needs attention!

Tell us about the next CE class you'd really love to take...Either a Sports Massage or Trigger Point class that can enhance my expertise.

When you're the client and getting a massage, what do you look for...Communication, technique, flow,

If chapter members got to know you better, they would they find out....For starters I'm pretty shy until I feel comfortable with new people. That I am passionate about being the best Massage Therapist I can be so I can help my clients.

Tell us about your family... 2 children (adopted), son, Justin & daughter Allison

What traditions are important to you...As I've gotten older I realize the importance of family more than ever. Not using this as an excuse but maybe my time in the service – and PTSD - gave me tunnel vision and I thought more about myself sub-consciously than others around me which might have caused the demise of my marriage and relationship with my children, which has now gotten better.

What do you do for relaxation...Golf

What makes you laugh...Not sure. Although I'm shy I'm pretty easy going so it doesn't take much to make me smile/laugh.

What tugs at your heart...Knowing that there are so many issues within our country, yet "we" want to help other countries before we help ourselves, until sometimes it's too late.

Anything else you'd like us to know about you ....I am a Vietnam Veteran, I am an Ambassador of my local Chamber of Commerce, I do free massages for our veterans at our local Senior Rehabilitation Center once a month, I belong to an organization Hands for Heroes that has a goal of doing 1 million FREE massages to our veterans.

## **Members In the News**

*from the Petoskey News Posted: Thursday, January 15, 2015*

GAYLORD – Cindy Dort offers more than a helping hand.

The gifted massage therapist uses her hands, heart and something more to care for her clients. “It’s the intuitiveness; I can read people,” Dort said. “It’s a beautiful gift, and it was 35 years ago that I started with energy work.”

Dort was working as an aide in an outpatient physical therapy clinic in Gaylord when patients began to comment.

“They said that when I used the ultrasound, it felt different than when other people used it.” Several physical therapists and patients encouraged her to become a massage therapist.

In 1996, she began the 10-month, 1,000-hour massage therapy program by taking night classes at Health Enrichment in Traverse City. She traveled to Lapeer one weekend a month for review, testing and to take classes toward continuing education units.

Dort became a nationally certified, licensed massage therapist and began her new full-time career at Northsport Physical Therapy in Gaylord. She also worked part time making “house calls.” As her client list grew, she eventually started her own practice, called it “The Naturalist” and moved to 1029 Gornick Ave., Suite 103.

Dort said there are many good massage therapists in Gaylord. She noted that as of November 2014, all massage therapists in Michigan must be licensed. “If you are going to choose a massage therapist, feel free to call them and check out their qualifications, their background and their education, just like you want to know about your mechanic or your doctor,” she said. “Because we’re ‘touching’ more than the skin. We’re touching emotions, the heart and the mind. Massage is so helpful all the way around.”

Kathy Bradley is one of Dort’s clients who reap the benefits of massage. “I go two times a month, it keeps my body limber and healthy,” she said. “And Cindy’s got the education on how to treat things. She goes the extra mile to get extra training to help people in all walks of life.”

Dort regularly attends classes, workshops and conferences to earn additional training and certification. “I want to know about how the body works and how energy works in the body. It’s a constant need to know how to make the body become healthier,” she said. “We all feel what’s going on in the world in some way; the energy that we all have within us awakens us.”

Dort listed some of the many types of massage techniques she uses that work to help bring the body into balance including Swedish, deep tissue, trigger point, prenatal and oncology massage, and Compassionate Touch for dementia and Alzheimer’s patients.

“She also uses essential oils,” Bradley said. “If you tell her your aches and pains, she can use the right essential oils to help work it out. She gets rid of the knots.” Bradley also offered a word for anyone who may be curious but uneasy about putting themselves in the hands of a massage therapist. “If you are timid about massage, Cindy’s a good one to work with, she’s very discreet; she’s confident and confidential,” Bradley said.

Dort said massage therapy has a long list of health benefits. “It reduces stress, reduces blood pressure, it boosts the immune system, it increases blood flow and it’s great for all ages,” she said. “And it reduces stress.” For more information, contact Dort, “The Naturalist,” at (989) 705-1451.

*Cindy is 2<sup>nd</sup> Vice President and Alternate Delegate of AMTA Michigan Chapter*

**Members in the News is open to all AMTA Michigan members.  
Send information to [michiganamta@gmail.com](mailto:michiganamta@gmail.com)**



## AMTA Michigan Chapter Candidate Application

Please print clearly or type your responses. You may use additional paper and/or attach your resume. Include your name on all.

**Application must be received by Friday April 3, 2015. Mail this application to:**

**Chris Reay, 2014 Commissioner of Elections, c/o Creative Wellness, 2045 Abbott Road, Asher Court, East Lansing, MI 48823**

Position you are seeking: (Please circle one)

1st Vice President

3rd Vice President

Treasurer

House of Delegates

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_

AMTA Member Number \_\_\_\_\_ Years practicing massage \_\_\_\_\_

List AMTA Chapter or National offices held and/or committee work (include dates)

What are your strengths and qualifications for the position you are seeking? (include past work experience)

What do you see yourself contributing to this position?

What is your vision for the Michigan Chapter?

Are you able to commit for the entire term or office?

Are you willing and able to commit the time needed to get the job done?

If you are seeking a position of Delegate, you **Must** be able to attend the 2015 & 2016 National Conventions.

Your signature below indicates that if you are elected for this office, you are able to serve for the prescribed term of office, the information provided is accurate and that permission is granted for the verification of that information.

**Candidate Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Note:** Chapter officers and delegates serve a term of two years, and are elected by the general membership at chapter annual meeting. **Applications must be received by April 3, 2015.** Nominations will not be accepted at the Annual Meeting. All candidates must sign a "Code of Conduct". This can be done electronically by logging into your membership account through [www.amtamassage.org](http://www.amtamassage.org)

## REGISTRATION FORM

### AMTA Michigan Chapter Annual Meeting & Educational Event

Make checks payable to **AMTA Michigan Chapter** and mail to:

AMTA Michigan Chapter  
11108 Addington Dr.  
Commerce Twp. MI 48390

Payment must be received by April 4, 2015.

**Online registration** available at [www.amtamichigan.org](http://www.amtamichigan.org)

Your name \_\_\_\_\_

Address \_\_\_\_\_

Phone #s \_\_\_\_\_

Email \_\_\_\_\_

AMTA Membership # (if applicable) \_\_\_\_\_

**Check all applicable classes:**

- |                          |  |                               |
|--------------------------|--|-------------------------------|
| <input type="checkbox"/> | <b>Ethical Awareness 2 CEs</b>                               | <b>\$29</b>                   |
|                          | Friday, April 10 7 to 9 pm                                   |                               |
| <input type="checkbox"/> | <b>Student Day</b>   | <b>\$10</b>                   |
|                          | Saturday, April 11 8:30 am to 2 pm                           |                               |
| <input type="checkbox"/> | <b>Pre and Post-Surgical Massage: Pain Management 12 CEs</b> | <b>\$219</b>                  |
|                          | Saturday, April 11 9 am to 5 pm                              | Sunday, April 12 9 am to 4 pm |
| <input type="checkbox"/> | <b>Measurements and Measurable Outcomes 4 CEs</b>            | <b>\$69</b>                   |
|                          | Saturday, April 11 2 to 6 pm                                 |                               |
| <input type="checkbox"/> | <b>Subtle Bodywork Techniques for Pain Management 6 CEs</b>  | <b>\$109</b>                  |
|                          | Sunday, April 12 9 am to 4 pm                                |                               |

**Total Amount Enclosed** \_\_\_\_\_

To help with our planning, let us know if you're attending

- |                          |  |
|--------------------------|--|
| <input type="checkbox"/> | <b>Annual Meeting &amp; Elections ONLY</b> (complementary lunch included)  |
|                          | Saturday, April 11 12 to 2 pm<br>(no need to register if you're in Pre/Post-Surgical Massage Class or Student Day) |
| <input type="checkbox"/> | <b>Networking &amp; Hors D'oeuvres</b> (complementary)   |
|                          | Saturday, April 11 6 to 8 pm   |

**ENTER EARLY and WIN!** The first 35 paid registrants will be entered in a drawing for a prize worth over \$400. Get your name in now.